

Contents

on the cover

4 Oldland Mill Open Day
Progress has been made on the outside as well as inside the mill; come and have a look and a great day out!

16-17 The Q Factor
Catherine Gallop went to Qleisure and had a whale of a time.

20-21 19th Century botanist of Henfield
William Borrer, the famous 19th Century Botanist, is a well known figure in the history of Henfield's community.

26 Downlands Year Book 2007
A book full of memories to look back on in years to come.

28 Wine, dine or stay overnight
The Vinyard Lodge is a friendly wine bar with an interesting and varied menu.

34 Publishing success
Jane Reed reviews two books published by local authors.

40 Treating children and babies naturally
Effective homeopathic remedies for all sorts of childhood ailments.

FEATURES

8-13 Kitchens, bathrooms and bedrooms.
These form the most important areas of our houses, and design matters when planning these rooms.

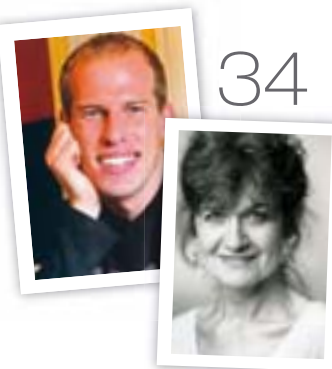


COMMUNITY

15 Plants, cakes and dinosaurs
Pembury House Gardens in Clayton.

15 People - Who are we?
Ditchling Museum want to find out about the people who make up our community.

23 New friends at local women's group
The National Women's Register (NWR) is great for lively minded women of all ages.



REGULARS

- 4-5, 35** Local news & events
- 5** At the movies
- 7-13** Home & garden
- 28-33** Food & drink
- 18** Entertainment
- 25** Art
- 26** Kids zone
- 34** Books
- 36-37** Pets corner
- 38-42** Health & beauty
- 43** Letters
- 45-47** Ask the experts
- 48** Relax
- 48** Stop press
- 49** Around us

THE ESSENTIAL GUIDE

- 50** Horoscope
- 52-53** What's on
- 52-53** Classifieds
- 54** Useful numbers
- 54** Distribution details



Editor's Comment

Thanks to the support of the advertisers, this issue of *South Downs Living* has increased to 56 pages, enabling us to write more about our lovely villages.

I'd like to congratulate Chris Clennett, our garden expert, on receiving a PhD (p.7).

Several readers have asked for more articles on history. I'm sure they'll like reading about William Borrer, the famous 19th Century botanist, who was born in Henfield (p.20).

It is a Downlands School tradition to create a year book. Antony Meade and Felicity Polden write about how 14 members of Year 7 gained first-hand experience of the publishing and printing world (p.26).

I have enjoyed reading yet another book reviewed by Hassocks Book Club (p.34). On the same page, our journalist, Jane, reviews two brilliant books by two local authors. *Crash Course Songwriting* has inspired her to write a song in eight weeks and she highly recommends *This Time of Dying*. We are fortunate to have such talented writers in our area.

'Pet's corner' is proving very popular with animal lovers. Rabbit owners should definitely read Margaret Ankers' article on page 36. The RSPCA are delighted to report that all their 'Pets of the Month' have found new homes. I hope Morgan, this month's cat, finds a home soon.

Thank you for all your letters, news, events and articles – please keep them coming!

Write to me or email me at: editor@southdownsliving.com or telephone 01273 842550.

Connie Booth

Connie Booth



South Downs Living

48 Keymer Road, Hassocks
West Sussex BN6 8AR
Telephone: 01273 842550
Facsimile: 01273 842246
www.southdownsliving.com

South Downs Living is published monthly by Roger Booth (Studio) Limited

Publisher: Roger Booth

Editorial: Connie Booth

Email: editor@southdownsliving.com

Advertising: Roger Booth

Email: roger@southdownsliving.com

Beverley Hobbs

Email: beverley.hobbs@southdownsliving.com

Jan Lloyd

Email: jan.lloyd@southdownsliving.com

Production and Design:

Olga Forster

Email: olga@southdownsliving.com

Lee Meads

Email: lee.meads@rogerbooth.com

Design/Artwork/Repro:

Roger Booth (Studio) Limited

Proofreader: Sue Coxhill

Contributors:

Margaret Ankers, Alexandra Ayton, Nick and Jane Baker, Natasha Caughey, Chris Clennett, Gillian Goodman, Janet Cragg, Claire Elford, Gina Field, Catherine Gallop, Sherrian Guest, Cherry Hamilton, Mary Hayler, Roger Linn, Antony Meade, Nancy Page-King, Jane Reed, Mary-Jane Sharratt, Geoffrey McClelland, Felicity Polden, Sophie Smith, Jane Standing, David Tetterzell

Printed by:

Newman Thomson Ltd, Burgess Hill

Whilst every reasonable care is taken with all materials submitted to *South Downs Living* the publisher cannot accept responsibility for loss or damage to such materials.

Opinions expressed in articles are strictly those of the authors. This publication is copyright and may not be reproduced in any form either in part or whole without written permission from the publishers. While every care is taken, prices and details are subject to change and the publisher can take no responsibility for omissions or errors.

No responsibility is taken for unsolicited submissions or the return of submitted items. The inclusion of an advertiser in this magazine is not necessarily a recommendation.

Please ensure that you make the usual checks, for example take up references to the quality of work or use a supplier who belongs to 'check a trade' or another reputable organisation.

Roger Booth Studio Ltd is a member of the Periodical Publishers Association

