



South Downs Living

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Contents

4-5 letters / events

What's On – Clayton, Hassocks, Ditchling, Plumpton,
Hurstpierpoint; *For all the saints* – a flower festival at the
beautiful 11th Century church of St Martin, Westmeston;
Art on a postcard – Sheila Southwell asks readers to paint
a postcard to raise funds for Hassocks Age Concern Centre

6-8 home & garden

Prepare now – enjoy in the summer – gardening advice
from Chris Clennett; *Designs for living* – combining a
flair for interiors with a passion for the Sussex scenery

10-16 community / book review

What you don't get to hear about developing countries –
IMA International is a specialist training and consultancy
company working with people in developing countries;
Ditchling's artistic lineage – around 14 venues will be
opening their doors to the public; *Book Review* – 'Five People
You Meet in Heaven'; *Artists' open studio* – Hurstpierpoint
artists will be opening their houses for the fourth year run-
ning; *An evening to reMEMber* – charity raised £1,100 to
help people with ME; *Serendipity in Sussex* – an exhibition
of Sir Frank Brangwyn RA's work (1867-1956) in Lewes

16 pets corner

Anyone for walkies? – volunteers needed at Patcham RSPCA;
Dog of the month – could you offer this lovely dog a home?

18 sport

A fine Sussex green – for 83 years, the Hurstpierpoint
Bowling Club has been growing into the fine varied
club that it is today

20-21 food & drink

*Overindulgence – is it habit, guilt related, or a chemical
imbalance?* – Jane Standing explains why some people
find they are unable to eat just one biscuit from the tin

24-25 young voice

Spring clean your life! – pupils from Downlands School
wrote and designed this interesting double-page spread

26 health & beauty

Spring clean your skin – Dr Hallam writes on how a course
of chemical skin peels can transform your skin by summer

29 relax! / vacancies / classifieds

Our recent covers:



February 2006



March 2006



April 2006



Editor's Comment

Spring is a wonderful season,
when everything comes to life
and the sun shines. I would
like to thank James Barry for
the beautiful photograph on
the front cover. This was taken
in woodlands near Ashurst; if
you would like a print, please
contact www.jamesbarry.me.uk

May is the month for art
and Sheila Southwell (page 4)
is asking local artists to donate
a small painting. All proceeds
will go towards Hassocks Age
Concern Centre. We have also
published three articles on local
exhibitions and artists' open
studios (pages 12-15).

It is always nice to publish
articles for our younger readers.
Pupils from Downlands School
have written and designed their
second article, entitled 'Spring
cleaning your life!'. A lot of
effort has obviously gone into
these two pages – thank you
also to the Beacon Centre who
helped with this project.

For all the animal lovers
in the area, Rebecca Barry
has written an article on
Patcham RSPCA and how you
can become a volunteer dog
walker. I hope you read our
'dog of the month' column
about Sheba, who is looking for
a good, loving home. We intend
to include a 'dog of the month'
in future issues and will keep
you updated on Sheba and all
future 'dogs of the month'.

Please send us details of
children's events for our 'Kids'
Calendar'. Last month I took
my grandson to Ditchling
Museum's 'spring holiday work-
shop – Printing the Landscape'.
He learnt so much, produced
two beautiful pictures and had
a brilliant time.

The advertising/copy deadline
for June is 7th May.

Connie Booth