



Photograph: James Worsley

South Downs Living

48 Keymer Road, Hassocks
West Sussex BN6 8AR
Telephone: 01273 842550
Facsimile: 01273 842246
www.southdownsliving.com

South Downs Living is published monthly by Roger Booth (Studio) Limited

Publisher: Roger Booth
Editor: Connie Booth
Email: editor@southdownsliving.com
Advertising: Roger Booth
Email: sales@southdownsliving.com
Production and Design:
Olga Forster
Email: olga@southdownsliving.com
Lee Meads
Email: lee.meads@rogerbooth.com
Artwork/Repro:
Roger Booth (Studio) Limited

Contributors:
Margaret Ankers, Teresa Avery,
Alexandra Ayton, James Barry,
Lorna Cadwallader, Alison Carter,
Chris Clennett, Claire Elford,
Karen Lambert, Sarah Lessacher,
Ann Morgan, Tom Martin,
Nicky Shiers, Chris Shoosmith,
Jane Skelton, Sophie Smith,
Jane Standing, James Worsley

Printed by:
Newman Thomson Ltd, Burgess Hill

We print 12,000 copies of South Downs Living and deliver 7,700 each month to every home and business in BN6 and BN45. The remainder are distributed via:
Tesco Superstore, Burgess Hill;
Martlets Shopping Centre, Burgess Hill;
Ditchling Museum, Ditchling;
Garden Pride, Ditchling;
Rushfields Plant Centre, Poynings;
Hassocks Station, Hassocks;
Budgens, Hassocks;
Concepts in Art, Hurstpierpoint;
The Coop, Hurstpierpoint.

Whilst every reasonable care is taken with all materials submitted to South Downs Living the publisher cannot accept responsibility for loss or damage to such material. Opinions expressed in articles are strictly those of the authors.

This publication is copyright and may not be reproduced in any form either in part or whole without written permission from the publishers. While every care is taken, prices and details are subject to change and the publisher can take no responsibility for omissions or errors. No responsibility is taken for unsolicited submissions or the return of submitted items.

Roger Booth
Studio Ltd is a
member of
the Periodical
Publishers Association



Contents

4-6 events / letters

What's On – Hassocks, Pyecombe, Westmeston;
Saving Lives – more healthy news from Hurstpierpoint Patient Participation Group; *Proms in the park* – Chris Shoosmith writes about this successful event; *Jimmy Hill to host a golf challenging day* – to raise money for a new Brain Injury Rehabilitation Unit; *Run or walk – have fun and raise money* – St Peter and St James Hospice is inviting runners to sign up for this annual event; *'Swinging' success* – St Lawrence Fair was full of music and movement

8-10 home & garden

Why dragonflies? – James Worsley writes about these incredible insects; *Drought warning* – more advice from Chris Clennett; *Tips on tiling* – from a local lady tiler

12 book review / community

Book Review – 'We Need To Talk About Kevin' by Lionel Shriver; *25 years at the flicks* – Jane Skelton talks about the history of Ditchling Film Society; *Decade of caring* – Care & Company Ltd is 10 years old this summer

14-16 kids zone

A fayre day out – Downlands School fayre raised over £4,500; *Over £2,000 raised for school* – Hassocks Infant School fayre was a huge success; *August Calendar* – build your own Pepler's puppets at Ditchling Museum; *Wanted: leaders and assistants* – the local Scout Group needs more volunteers

22-23 pets corner

Cat of the month – can you offer Clark a good home?; *Do you have a feline 'Senior Citizen' entering declining years?* – how to look after your ageing cat; *Life in the RSPCA office* – a working day at the shelter; *The dogs and their lovers* – RSPCA annual open day

24-26 food & drink

Water works – why it is important to drink water

26 sport

International cricket at Ditchling – on the village sports field

27 health & beauty

Kim & Curves – new gym for ladies

28-30 history

Danny, Lloyd George and the Armistice Talks – the fascinating and varied past of this Elizabethan house

33-34 relax! / vacancies / classifieds

Our recent covers:



May 2006



June 2006



July 2006



Editor's Comment

All this wonderful weather guaranteed a good turn-out for the many local events. We went to most and they are featured in this issue. It was a real treat to see Simon Cowell at the RSPCA annual open day. I wasn't sure if he would be there, so it was a lovely surprise.

Golf, running or walking – there is a chance for you to raise money for two good causes on page 6.

James Worsley has written an article called 'Why dragonflies?'. As this insect is so beautiful, we put it on our front cover.

The 1st Hassocks Scout Group need leaders and assistants. I hope some readers are inspired by their article and are able to offer their services.

Readers seem to like our 'pets corner', with all its useful information and advice. This month Margaret Anker writes about caring for ageing cats. Teresa Avery has also written about life in the RSPCA office as a volunteer.

I always enjoy reading our 'food & drink' section. This month, Jane Standing's article 'Water works' explains why it is important to drink plenty of water. The team of South Downs Living has been drinking lots and lots of water and feels so much better. Jane's article may encourage you to do the same.

Alexandra Ayton has written another interesting article in our 'history' section, entitled 'Danny, Lloyd George and the Armistice Talks' – definitely worth reading.

Please keep sending us your articles and letters. For more information, visit our website: www.southdownsliving.com

The advertising/copy deadline for the September issue is 7th August.

Connie Booth